

ABSTRACT

5 A fall arrest device includes a U-shaped member (3, 5)
adapted to accommodate a track (7) of a fall arrest system.
A cam member (15, 17; 81, 83; 87, 89), including an
actuating arm (21; 85) and a cam portion (19), is pivotably
10 mounted on the device such that the cam portion is movable
towards the U-shaped member so as to lock the track between
the cam portion and an internal surface of the U-shaped
member in the event of a fall. Biasing means (22) urges
the cam member to a position in which the cam portion is
15 adapted to allow the track to pass between the cam portion
and the internal surface of the U-shaped member. Actuating
means (27; 93) is adapted, in the event of a fall, to
engage with the actuating arm or the cam member and to
cause the cam member to pivot against the biasing force of
20 the biasing means such that the cam portion locks the
track. Friction means (55) is adapted in use to engage
with the track such that at least a predetermined minimum
load is required to cause the device to move relative to
the track.